Managing stress, anxiety, and insomnia

We all get stressed from time to time, whether it's good or bad stress. Most people think of "stress" as a bad thing, but there can be good stress, too: a new house, a baby, or a promotion at work. In small doses, stress can be very motivating, but long term, it can be overwhelming. Left unchecked, stress can affect you both physically and mentally, decreasing the enjoyment of everyday living and impacting your ability to perform at home and work.

Effective options for managing stress are available. The body can be naturally supported to increase its ability to cope with mental, emotional, or physical stress. Outcomes that could lead to depression, angry outbursts, burnout, or illness can be avoided.

Bioclinic Naturals' stress and sleep products can help you cope with occasional and chronic stress and promote sound, healthy sleep. Used alone or in combination, these supplements can provide the right stress support you need.

Sereni-Pro™ – Helps relieve symptoms of chronic stress and anxiety

Somno-Pro® – Relieves mild insomnia and calms nervousness

Calm-Pro® – Promotes deep relaxation and mental clarity

GABA-Pro® – Provides fast-acting relief for nervousness and acute stress

CortAlign® – Increases resistance to stress and anxiety



Do you…

- Have trouble getting to sleep at night?
- Feel stressed, anxious, or nervous?
- Have a hard time concentrating and staying focused?
- Forget things easily and have trouble remembering?
- Struggle with stress-related eating and food cravings?

Talk to your health care practitioner about how these products can help.



Visit our website at **bioclinicnaturals.com**

isura VERIFIED CLEAN | TESTED NON-GMO

bioclinic naturals

Bioclinic Naturals is distributed by Assured Natural Distribution Inc.

59400

Stress & Sleep Support



bioclinic® naturals

natural solutions + clinical results